

Newsband

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DPD Transport Solution to be rolled out on May 1

ByTutu

NAVI MUMBAI: JNPT has been working on an innovative and out of box transport solution to achieve seamless and faster movement of DPD (direct port delivery) cargo from the port to the respective destinations of the cargo.

With a view to usher this process in a very transparent and scientific manner, JNPT had floated transport tenders in August 2017 which received excellent response with 12 leading logistics companies submitting their bids. After technical bids and detailed presentation by bidders, four companies have won the bid for 5 routes which will transport the cargo from JNPT to different parts of the country. About 1600 importers who have opted for DPD mode of transport will benefit from this process. DPD is increasingly being accepted as the optimal way of transporting the cargo directly from the Port to the importer and today accounts for close to 39 per cent of the total cargo traffic from JNPT.

The first meeting of 4 successful bidders who have won mandate



for 5 routes- from JNPT to Gujarat, to Goa and Bengaluru, to Nashik, Nagpur, Aurangabad, Indore and Hyderabad, to Ahmednagar and to local region in and

around Mumbai was held at JNPT on 5th April.

The proposed model paves the way for transforming logistics for the port. Due to multiple

transporters working on each route, there was no synergy in operations. The idling of TTs were congesting the entire process. The import laden container truck that travelled to the importer had to wait for 2-3 days to bring back the empty container to the port ecosystem.

On the other hand, for exports, the truck had to carry empty container from the port to the exporter and wait for 2-3 days to come back with the export laden container. The idling time was a waste of cost and resources.

Now with single op-

Cont. on pg. 3

NMMC carries out Demolition Drive at Airoli

(by Chandrashekhar Hendve)



Airoli's Ambedkar Smarak to get Dome Marble similar to Delhi Lotus Temple

ByJaspal Singh Naol

AIROLI: The ongoing development of the Dr. Babasaheb Ambedkar Smarak developed by Navi Mumbai Municipal Corporation (NMMC) will now get a new facelift. The corporation is proposing to install Cladding Marble on the Dome as used in Lotus Temple build in Delhi.

It may be recalled that earlier the NMMC had proposed to install Glass Reinforcement Concrete (GRC) on the RCC Dome. However considering the importance of the structure, it is

being proposed to use white colour Cladding Marble as used in Lotus Temple of Delhi. The proposal for the same was passed in General Body on 03 March 2018 with amount Rs 19,32,71,424 (Rupees Nineteen Crore Thirty Two lakhs Seventy One Thousand Four Hundred and Twenty Four) that included five per cent of accidental expenditure, 15 per cent financial expenditure and Two per cent Architecture and Consultancy Fee.

It was decided to use white colour makrana marble that

was to cost Rs 15,84,19,200 (Rupees Fifteen Crore Eighty Four lakh Nineteen Thousand and Two Hundred) however later it was decided to go for white colour Indian marble and thus the cost has come down to Rs 13,04,78,400 (Rupees Thirteen Crore Four lakh Seventy Eight Thousand and Four Hundred)

During the process of tendering, it is only in the third time of re-tendering wherein just one company came forward, Messrs Ashvini Infrastructure Pvt Ltd. It had filled the

tender with amount Rs. 15,51,38,818 (Rupees Fifteen Crore 51 Lakh Thirty Eight Thousand Eight Hundred and Eighteen). The filled amount was 18.90 per cent more expected by NMMC.

As the amount was high after the request of NMMC the company has agreed the work by reducing the cost by six percent. Finally the Standing Committee will now have to pass the resolution wherein the company will take care of providing and installing white colour Indian marble. It is now awaiting a nod from General Body.



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अ. क्र.	कामाचे नांव	अंदाजपत्रकिय रक्कम (रु.)
1	स्वच्छ भारत अभियान अंतर्गत तुर्भे विभागातील से.19 येथील ट्रक टर्मिनल गेट ते देवीप्रसाद हॉटेल पर्यंत रस्ता दुभाजकाची दुरुस्ती करणे.	4,71,950/-
2	तुर्भे विभागातील टी.टी.सी. औद्योगिक क्षेत्रातील क्षेपणभूमी व भु.क्र.डी-28/1 व डी-8 च्या परिसरातील रस्त्याची डांबरीकरणाने सुधारणा करणे.	4,58,299/-

या निविदेबाबतची विस्तृत माहिती नवी मुंबई महानगरपालिकेचे संकेतस्थळ www.nmmc.gov.in व www.nmmc.maharashtra.etenders.in यावर प्रसिद्ध करण्यात आलेली आहे. संबंधित निविदाकारांनी याची नोंद घ्यावी.

सही :-

कार्यकारी अभियंता (तुर्भे)

जाक्र-नमंमुपा/जसं/जाहिरात/50/2018

नवी मुंबई महानगरपालिका

PUBLIC NOTICE

Re: Flat No.101 admeasuring 860 sq. ft. built up area on the first floor and the Open Car Parking Space no.4 on the ground floor in the Building named NEW SARVODAYA in NEW SARVODAYA Co-operative Housing Society Limited, on Plot No.29B, situated at Sector-4, Vashi, Navi Mumbai, Tal.& Dist. Thane.

THIS is to notify that our Clients are the Owners of the Flat No.101 admeasuring 860 sq. ft. built up area on the first floor and the Open Car Parking Space no.4 on the ground floor in the Building named NEW SARVODAYA in NEW SARVODAYA Co-operative Housing Society Limited, on Plot No.29B, situated at Sector-4, Vashi, Navi Mumbai, Tal.& Dist. Thane.

The original Agreement dated 25th August 1985 executed by/ between M/S.GHRUH BUILDERS and the original owner DR. RAMCHANDRA AWADHUT KULKARNI in respect of the aforesaid Flat is lost, misplaced on 5th April 2018 and the same is not traceable.

A complaint was lodged with Vashi Police Station on 7th April 2018 and recorded the same under Property missing register no.0977/2018 dated 7th April 2018.

Any person/s, Organization/s, Company/ies, Institution/s, Bank/s or any other Govt./Concerned authorities having any right, title, claim etc. against or in the aforesaid Shop or by virtue of the loss of aforesaid document, by way of inheritance, mortgage, possession, sale, gift, lease, charge, trust, maintenance, development, easement, transfer, licence, either agitated in any litigation or otherwise or any other right or interest whatsoever are hereby required to make the same known in writing to the undersigned within a period of 15 days from the date of publication hereof.

If no claim is made as required hereinabove, our clients will be at liberty to deem that such right/s, if any, have been waived for all intents and purposes and shall not be binding on our client.

Sd/-

ADV. M.T.THACKER
ADVOCATE M.T.THACKER & ASSOCIATES

Advocates High Court

E-6/0:4, Sector-1, Vashi, Navi Mumbai-400 703.

E-mail: office@mtthacker.com

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Date : 10-04-2018

Ref: 1802035

Six shops burgled in Kalamboli

By Tutu

NAVI MUMBAI: Six shops were broken between Sunday night and Monday morning in two different sectors at Kalamboli. Three shops were broken in sector 11 whereas three others in sector 4 E. This include a Credit Cooperative Bank. FIRs have been lodged with the police.

One of the victims Nemaram Choudhary alleged that the thieves decamped with coins from his grocery shops.

The Credit Cooperative Bank was closed for two days but its officials were giving their de-



tails while going to the press.

Many residents in

the node flayed the police for their failure in controlling the anti-

Homam conducted by Shree Subramania Seva Samaj of Sanpada

Shree Subramania Seva Samaj Sanpada conducted special Kumarasukta Homam on 8th April (Sunday) at their Murugan Mandir Complex with great devotion. Devotees attended the Homam in large number and took the blessings of Lord Subramania and Goddess Lakshmi. (By C.K. Subramaniam)



DPD Transport...

Cont. from pg. 1

erator, the import laden TTs after dropping off the containers can connect with their transporters and pick up export laden containers or drop empty containers to exporters on their return journey. This will further help in repositioning of empty container on the route. Each importer handling TT will return with export laden container, reducing the unproductive shift of empty containers to container yard to the port area. The optimum utilization of TTs will reduce load on road and reduction in tariff.

In future an exporter or importers will be able to book his cargo sitting in his office irrespective of the type and

quantity, through a technology backed platform. It can transform to a new transport sector uber like model of the future.

Overall this new transport solution backed by robust technology brings ultimate efficiency like

- Easy Co-ordination with Port and customers
- Promotes end to end delivery model
- Faster evacuation of containers from the Port Area
- 24X7 Vehicle tracking
- Container Tracking through mobile
- 24x7 Customer service

Reviewing the progress of the transport solution, Neeraj Bansal,

Chairman-in-charge, said, "JNPT is proud to introduce a very optimal transport solution despite design challenges and the new system will bring in substantial reduction in time and cost and function in a fully transparent manner".

This is really an EXIM-Trade friendly solution which will provide end-to-end transport solution and has to be implemented in a seamless and defined way. The logistics companies have to coordinate and successfully roll out the system from May 1, 2018, Neeraj Bansal said.

Nearly 1600 importers are availing the DPD mode of transport and these importers will realise the price of transporting cargo in a

NGT threatens punitive action against CETP and industries of Taloja MIDC

By Tutu

NAVI MUMBAI: The National Green Tribunal (NGT) principal bench Delhi has warned the Taloja MIDC based CETP and the industries to pass an adverse order. The NGT has given them a last chance before passing any coercive and punitive order for their failure to comply with NGT order to control pollution.

The National Green Tribunal (NGT) principal bench Delhi has warned the Taloja MIDC based CETP and the industries to pass an adverse order and given them a last chance to comply with their order regarding carrying out pollution control measures.

The NGT January 2, 2018 find the MPCB at fault for its failure to check the pollution. MPCB and CPCB were directed to submit a joint inspection report. By then CETP management has been superseded by the registrar of co-operative so-

cieties and be made a respondents CETP and



party. The order allowed Taloja Industries Association to participate in the proceedings.

The joint inspection report of MPCB and CPCB was submitted to NGT on January 31, 2018. The NGT has found Kasardi river water and air pollution level in the Taloja MIDC is beyond the permissible standards.

In the latest hearing on April 4, 2018, the

CETP Administrator had told NGT that they have issued fresh tenders for maintenance of CETP and takes time. The three member bench comprising of judicial members Dr Jawad Rahim and SP Wangdi, and Dr Nagin Nanda had threatened to proceed with passing any coercive and punitive order taking seri-

Cont. on pg. 6

PUBLIC NOTICE

Our client Mr. Mahesh Anand Kher Residing at – Flat No. 19, 3rd Floor, Satish Dham Co-Op. CHS Ltd., Old Mumbai Pune Road, Charai, Thane (W), he is going to purchase Flat No. 501, 5th Floor, Navsarswati CHS Ltd., Ram Maruti Road, Naupada, Thane (W) from Mr. Mavji Kanji Sethi and Mrs. Vasumati Mavji Sethi on proper consideration amount out of that some payment allotted & paid and balance payment to be given on or before final registration.

On behalf of our client we request all of you that any matter things dues related to above flat please be contact on below address within 15 days of this publication after that we will declare this property clear in title.

Sd/-

Adv. S. V. DANGAT

2, Devikrupa CHS,

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CR holds nerves to clinch WCG Women's crown

Prevail over Freunds Red in sudden death tie-breaker



The victorious Central Railway players receive the 'Champions' trophy and prize-money from Guest of Honour, Lalitha Pinto, a former Western Railway player.

By Ashok Dhamija

MUMBAI: An experienced Central Railway showed better nerves as they overcame Freunds Red 6-5 via the sudden death tie-breaker in the Women's final of the Willingdon Catholic Gymkhana 37th Victor D'Mello Memorial Trophy Rink Hockey Tournament - 2018, conducted under the auspices of the MHAL, and played at the Gymkhana's floodlit tennis courts.

Local favourite Freunds twice took the lead through their opportunistic and prolific scorer Ruqqaiya Shaikh, who was later declared as the 'Player of the tournament'. But, CR fought back and managed to score twice in the second session through S. Rajneeta to force a 2-2 draw and to take the contest to the penalty strokes tie-breaker.

In the tie-breaker, the Railway women converted through Ranjeeta, Kavita Vidyarthi and Renuka Yadav, Vidyarthi succeeded in scoring again in the crucial sudden death to clinch the win. Freunds managed to score through Ruqqaiya, Madhavi Patil and Meenakshi in the tie-breaker, while Madhavi missed in the sudden death.

Earlier in the semi-final encounter, CR were off to a bright start and after enjoyed a 2-0 lead at the half-way stage, and booked their place in the final with an 3-1 victory against Hockey Lovers SC. The Railway outfit rode on the double strikes from their skipper Kavita Vidyarthi and one from the stick of R. Ramngaihzuoli to complete the scoring tally, while Kelly John scored the lone goal for the losing side

In the other semis ace forward Ruqqaiya Shaikh was in impressive scoring form and notched up a fine hat-trick which was feature of Freunds Red's easy 4-1 win against Freunds Blue in the other



Ruqqaiya Shaikh was nominated the Player of the tournament.

semis in an evenly contested match. Madhavi Patil was the other goal scorer for Reds. Freunds Blue fought who fought gamely managed to pull one goal back through Sharmin Bassha.

Central Railway received the 'Champion' trophy and cash prize of Rs 18,000 from Guest of Honour, Lalitha Pinto, a former Western Railway player. Freunds Reds were presented with the runners-up trophy and a cash award of Rs 12,000.

Results:

Semi-finals: Central Railway 3 (Kavita Vidyarthi 2, R. Ramngaihzuoli) *beat* Hockey Lovers 1 (Kelly John) (HT 2-0); Freunds Red 4 (Ruqqaiya Shaikh 3, Madhavi Patil) *beat* Freunds Blue 1 (Sharmin Bassha) (HT 1-0)

Final: Central Railway 6 (S. Ranjeeta 3, Kavita Vidyarthi 2, Renuka Yadav) *beat* Freunds Red 5 (Ruqqaiya Shaikh 3, Madhavi Patil, Meenakshi Agarwal) via the tie-breaker. (FT 2-2, HT 0-1).

Confirmation of Hindi Film 'Yuvapidhi' celebrated

The event to celebrate the Confirmation Of Hindi Film "Yuvapidhi" was held at Hotel Kalinga, Andheri West, Mumbai On 07/04/2018, in the presence of reputed and experienced people i.e., Writer/Director/Co-Producer Mr. Shivaji Rathod, and Assistant Director

Sudhir Shingare, Associate Director Amit Kasare, Assistants Sanjoy Mondal, Suresh Prasad, Mohini Kale, Geetanjali Rathod, Prachi Dedhia, Pranali Patil, Pooja Singh, Star Health Insurance Agent Sandeep Mishra. Yuvapidhi Future Film is produced by Jeejaau

ru Sharma, Vijay Gite, Narendra Jadhav, Shabina Khan, Manishka Singh, Hannika Rao, A.R.Mishra, Ajeetkumar Chauhan, Seema Singh, Sheelu Brahmhatt, Pradeep Sharma with Child Artists Prachiti Shirke, Deepraj Jadhav, Gayatri Bagwe, Omkar Padwal, Drush-



S. Krishna with the Hindi Film Yuvapidhi Lead Supporting Actress Shabina Khan, Manishka Singh and Hannika Rao. D.O.P Milind Kothavale, Mahesh Gavali, Educative Producer Harish Parekh, Art Director Mr. Sunil Singh Khokar, Action Master Deepak Sharma, Line Producer Nikunj Shekhar, Still & Photographer Ashok Kanojia, Production Manager Mohd. Salahuddin Shaikh, Costume Designer Shaheen Sultaani And Mahadev Yemele, Creative Director

Production House, Rajendra Aitwadekar and TGB Movies under the Banner Of The Great Banjara Group. The Film is based on the Lifestyle and Culture of Today's Yuvapidhi. Film Music by J.K.Vishwakarma and Chander Ji. Choreographers are Ganesh Aacharya and A. Shreyash. Star Cast Of Yuvapidhi Kartik Aryan, Tara Alisha Berry, Anupam Kher, Sayaji Shinde, Farida Jalal, Nayan Pawar, Deep Chahande, Nayan Pawar, Huma Qureshi, Raza Muraad, Devand-

ti Pawar, Ganesh Rathod, Kartik Rathod, Vaishnvi Ingawale, Paravin Thange and some new faces. Yuvapidhi will start shooting soon in Spain, Greece, Canada and Bharat. Film Yuvapidhi's Pre-Production Work with Medical, Insurance Agreement and Visa Process is on the verge of finalizing and the rest of the cast including the actors and all technicians which will be chosen in the few coming days. Film Yuvapidhi is distributed by Eros International And TGB Group.

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Growth at the cost of environment

While growth improves a country's chances of development, it also creates a number of economic and social costs. As growth increases, production and consumption increase and there are likely to be considerable external costs as a result, such as deforestation, and the knock-on effects such as increased flooding; desertification of regions suffering over-production; pollution of rivers; depletion of non-renewable resources and long term climate change. The environment is a scarce resource and a factor of production, which resembles capital. If the environment is over-exploited and miss-used, future development prospects will be restricted. A lack of property rights over often vast areas of land means that there is no incentive to conserve such resources. This impacts the poor, who suffer most from polluted drinking water and loss of agricultural land. Urbanisation tends to go hand in hand with economic growth and an exodus from the land to the cities, as can be witnessed in much of India, China,



and Latin America. The resulting squalor is one of the most widely recognised costs of rapid economic growth. The urban slums that exist in many parts of the developing world today closely resemble those that existed in large cities in the UK, and

fuel, minerals and timber as sources of industrial energy is depleting these natural resources and degrading the natural ecosystem. Intensive farming and excessive use of fertilizers and pesticides has led to over exploitation of land and water



across Europe, at the end of the 18th Century because of rapid industrialisation. The strategy of heavy industrialization is the main cause of environmental degradation in different countries. The establishment of such industries as fertilizers, iron and steel, chemicals, refineries etc. has led to land, air and water pollution. The use of fossil

resources. These have led to land degradation in the form of soil erosion, water-logging and salination. Deforestation also causes environmental problems. Deforestation leads to felling of trees and of natural plants growth for setting up industries, and building towns, roads, highways and dams etc. It destroys

Cont. on pg. 6

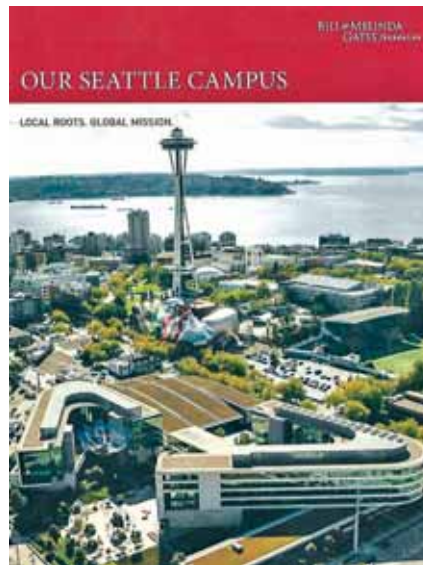


By Lakshman Sundar

As we are in Downtown Seattle and as Bill & Melinda Gates Foundation is also in Downtown at a walkable distance, I went to the Foundation on a morning after fixing

Travelogue of A Navi Mumbaikar The Seattle Safari - 8 Bill & Melinda Gates Foundation

multifarious activities of the Foundation. Leister Coutinho is the Deputy Director, to go to Kenya the following day and despite his tight schedule spent some time with



appointment with one of its senior officials. Leister Coutinho, brother of Vashi based renowned orthopedist Dr. Brian Coutinho warmly received me and briefed me on the

Family Planning, Global Development. He is in-charge of 14 countries including India. I was impressed by his simplicity and humility reflecting his brother's qualities. He was

me. I thanked him for sparing time and he asked me to visit the Discovery Center which I visited shortly thereafter.

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MOVIE NAME	INOX RAGHULEELA MALL VASHI Tel. 6699 1212	INOX GLOMAX MALL KHARGHAR Tel. 6659 5959	PVR: Orion Mall, Panvel 095943 57088	BALAJI MULTIPLEX KOPARKHAIRANE 022-2755 4245	MUKTA A2 CINEMAS: K MALL, PANVEL 070453 39395
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Baaghi 2 (H)	AM: 9.30, 10.55 PM: 1.55, 4.55, 6.50, 7.55, 10.55	AM: 9.30 PM: 12.30, 3.30, 6.30, 9.30, 11.05	AM: 9.00, 10.30 PM: 12.05, 1.35, 3.10, 4.40, 6.15, 7.45, 9.20, 10.50	AM: 9.15 PM: 12.00, 2.45, 4.00, 5.30, 8.15, 10.15, 11.15	AM: 10.15, 11.30 PM: 1.00, 3.45, 6.30, 9.15, 10.30
Hichki (H)	AM: 11.05 PM: 3.00, 10.50	AM: 10.55 PM: 4.55	AM: 10.15 PM: 4.15, 9.45	PM: 12.15, 6.15	PM: 12.45, 3.15
Asehi Ekada Vhave (M)	PM: 2.00	PM: 2.20	PM: 5.00	PM: 1.45	PM: 5.45
A Quiet Place (E)	AM: 9.05 PM: 1.35, 6.25, 10.30	AM: 9.00 PM: 4.15, 11.15		AM: 9.30 PM: 4.15, 11.00	
Peter Rabbit (E)	AM: 9.00 PM: 2.10, 8.25	PM: 6.15		AM: 11.30 PM: 8.45	
Raid (E)	AM: 11.35 PM: 4.15, 11.00	AM: 11.40	AM: 11.30 PM: 7.00		
Missing (H)	PM: 12.25, 5.35		AM: 9.00 PM: 7.30		
Gavthi (M)			PM: 2.15		
Baban (M)		PM: 1.20	PM: 10.15		



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10 April, 2018

What is Fake News?

The Prime Minister reversed the Ministry of Information and Broadcasting's ill-advised move to place curbs on journalists. The now impugned guidelines stipulated immediate suspension of access rights to accredited journalists accused of propagating 'fake news' and a permanent ban for repeat offences.

"Fake news" is a phenomenon that strikes at the very heart and credibility of what constitutes journalism. The motive behind much of the so-called "fake" news is to organise opinion that benefits partisan and party interests.

Different democratic institutions, the judiciary and the legislature for instance, have assigned roles that are often perceived to be in conflict with each other. Even the media is designed in the larger public interest. Journalists filter information with the purpose of not just informing and educating the public but also in order to add to the existing knowledge about what is good for public. To assume guilt and decide on punitive measures without due consideration is not right.

It is important to make a distinction between inaccurate news and "fake news" which has been created and disseminated with malicious intent. This requires a deeper understanding of not only the phenomenon of "fake news" but of the dynamics of social media and the Internet. Revoking a poor order was a good first step.



By C K Subramaniam

World Health Day was celebrated on 7 April 2018. Health is wealth and how to overcome heart diseases in the modern method of medical treatment rather than brooding on what had happened to your health all of a sudden. Heart surgeons in India today and a world class cardiologist are feeling that the confidence level of the heart patient and how he recover fast from the ailment are factors that lead to a normal life even after a massive attack.

The thumb rules for a layman is to take care of his heart in the most suitable way by adhering to the exercise routine and to take proper medicines at the right time to manage such a shock in the life. Mainly food control with an eye on excess of carbohydrate,

World Health Day - Health Is Wealth

more of protein, less oil is the right schedule to be followed. More over half an hour's walk, at least five days a week; avoid lifts and avoid

some apparently healthy person gets a cardiac arrest and it is difficult to understand it in perspective. This is called silent attack;

disease is a hereditary one and a person's parents having such disease needs to be careful. The heart is stressed and that is the major reason for the happenings all of a sudden We need to practice to de-stress in a proper way. For this to take place change your attitude towards life and do not look for perfection in everything in life.

It is notable that walking is better than jogging or any other intensive exercise required to keep one fit. People with low blood pressure rarely suffer from heart diseases. Cholesterol accumulates right

Cont. on pg. 7

World Health Day



sitting for a longtime will give a sigh of relief and the will to live longer. It is time to quit smoking, control weight and control blood sugar level and blood pressure within the permissible limit and control weight as well. Avoid fried items, sugar and potato to make you fit all the time. Eating non-veg food (fish) not good for the heart in anyway.

It is still a grave shock to hear that

that is why doctors recommend everyone past the age of 30 to undergo routine health checkups. The heart

NGT threatens...

Cont. from pg.3

ous view of the lapses like dysfunctional CETP the part of the stakeholders.

The NGT has posted the matter for hearing on April 11, 2018 in which it will pass the order. The petitioner Arvind Mhatre said, "Now the hearing is al-

most closed and the order is awaited."

Feared Taloja Industries Association president Satish Shetty said, "The NGT may pass an adverse order like imposing heavy penalty to the tune of several crores on CETP or both CETP and industries."

Kanak's Pen...

Cont. from pg. 5

flora and fauna. It leads to localised flooding in hilly and adjoining areas. There is loss of human and animal life. The green landscape changes into factories, residential and commercial buildings. They produce more heat, noise and pollution which bring environmental degradation and ultimately, result in death of humans and cause of birth defects and genetic mutations. Transport development is also one of the causes. Road, air and sea transportation lead to air pollution, noise pollution and sea pollution. The development of port and harbours have led to oil spills from ships and adversely affected

fisheries, coral reefs, mangroves and landscapes. Solid wastes also create air and water pollution in urban and semi-urban areas. Unregulated urban growth without such facilities as collection, transportation treatment and disposal of solid wastes pollutes the atmosphere and water resources. Rotting garbage and blocked drains spread communicable diseases and pollute ground water resources. Many people can ask should we hamper our growth, no we should not, but our policy should not be based on the "pollute-first; clean-up-later" approach. What could be an alternative approach? We could start by refusing to sweep the dirt under the carpet and instead

explicitly acknowledge the ecological costs (not necessarily in monetary terms) of economic growth. For example, we might want to acknowledge that the growth of the automobile sector, often considered to be an indicator of a strong economy, or our hunger for cheap energy come at the cost of air pollution to which people in our cities are exposed. We might want to explicitly acknowledge that development projects in mining and infrastructure often come at the cost of natural forests we might never be able to recreate. The first implication for policy is that in the planning of development projects, we should explicitly identify trade-offs between economic benefit and

ecological impact. Second, to determine what trade-offs are acceptable, we must design transparent mechanisms that allow for meaningful discussion through a participatory process, in which all the groups affected by the projects are involved. We need to strengthen participatory processes such as public hearings in the environmental and forest clearance process. The idea of sustainable development cannot be mere rhetoric; it must be accompanied by transparent, participatory mechanisms that allow for meaningful discussion of the development paths that make growth truly sustainable.

While talking about environment should we not discuss

the blackbuck case of Salman Khan which made headlines these days. As Bollywood actor Salman Khan walked out of the prison on Saturday, a frenzied crowd gathered outside the Jodhpur Central Jail and burst firecrackers in celebration. After all, their superstar was finally granted bail by a sessions court. The 52-year-old actor had spent two consecutive days behind bars following his imprisonment in the 1998 blackbuck poaching case. On the other hand, the Bishnoi

community of Jodhpur did not seem to be too pleased. The members of the community were shocked and disappointed with the court's decision as they consider the blackbuck to be the reincarnation of their religious guru, Bhagwan Jambheshwar, and Khan had shot their revered antelope. While the debate over fair and unfair, right and wrong continues, it is certainly against environment savvy rules to kill endangered species like black buck.

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World Health Day...

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from the childhood age. It is time to avoid irregular eating habits and avoid eating junk food when the habits are irregular and your body's enzyme release for digestion gets confused. To control cholesterol control diet, walk and eat walnut and yoga helps one to keep fit. The best food for a heart patient is fruits and vegetables and the worst is oil. It is notable that all the oils are bad.

Regular routine check up will provide you to boost your confidence level.

Routine blood test to ensure sugar, cholesterol is OK. Check BP, Treadmill test after an echo can be an useful one. Generally following first aid steps are to be taken on a heart attack patient. Help the person into a sleeping position, place an aspirin tablet under the tongue with a sorbitrate tablet if available, and rush him to a coronary care unit since the maximum casualty takes place within the first hour. There is a wrong notion about the pain caused by gastric trouble and heart attack. So one must know to differentiate between pain caused

by a heart attack and that caused due to gastric trouble and an ECG can provide the right medical treatment undertaken immediately. There is a steep increase in heart problems amongst youngsters and that is worrisome.

People of about 30-40 years of age are having heart attacks and serious heart problems. Increased awareness has increased incidents. Also, sedentary lifestyles, smoking, junk food, lack of exercise in a country where people are genetically three times more vulnerable for heart attacks and the Indians are prone

to heart diseases. Many of us have an irregular daily routine and many a times will have to stay late nights in office. When you are young, nature protects you against all these irregularities. However, as you grow older, respect the biological clock. Taking anti-hypertensive drugs cause some other complications and most drugs have some side effects. However, modern anti-hypertensive drugs are extremely safe.

No chance of getting an attack when consuming more coffee or tea and asthma patients are not prone to heart

disease. Fried food like Kentucky, McDonalds, samosas, and even masala dosas are all harmful to the health. A person can help himself during a heart attack by lying down comfortably and put an aspirin tablet of any description under the tongue and ask someone to take you to the nearest coronary care unit without any delay and do not wait for the ambulance since it may not turn up or just not turn up in time. Avoid sitting continuously for more than half an hour and even the act of getting out of the chair and going to another chair and sitting helps a lot.

There is lot of relation between heart problems and blood sugar as diabetics are more vulnerable to heart attacks than non-diabetics.

One need to take care of after a heart operation are diet, exercise, drugs on time, and control cholesterol, BP, weight. Eat a healthy diet, avoid junk food, exercise every day, do not smoke and, go for health checkups if you are past the age of 30. Health is wealth and one need to take care of the health and regular exercise or yoga will help out in keeping you fit all the time.

Travelogue Of...

**Cont. from pg. 5
BMGF**

The Bill & Melinda Gates Foundation (BMGF) aka The Gates Foundation, is a private foundation founded and launched by Bill and Melinda Gates in 2000. It is said to be the largest private foundation in the US, holding \$38 billion in assets. The primary aims of the foundation are globally, to enhance health-care and reduce extreme poverty, and in America, to expand educational opportunities and access to information technology. The Foundation, based in Seattle, Washington, is controlled by its three trustees: Bill and Melinda Gates, and Warren Buffett. It had an endowment of US\$44.3 billion as of December 31, 2014. In 2007, its founders were ranked as the second most generous philanthropists in America, and Warren Buffett the first. As of May 16, 2013, Bill Gates had donated US\$28 billion to the foundation. Since its foundation, the Foundation has endowed and supported a broad range of social, health, and education developments including the establishment

of the Gates Cambridge Scholarships at Cambridge University.

Discovery Center

The Bill & Melinda Gates Foundation Discovery Center takes visitors of all ages on an interactive journey that brings to life the connections we share with others across the globe. It is a must for all those who visit Seattle to know about the vast contributions of the Foundation in various fields.

There one can discover innovations and inventions that are helping to create a world where every person has the opportunity to live a healthy and productive life. Immerse yourself in debates about education, health and poverty. Take action on a cause that you care about. The Discovery Center also offers a rich array of programs and community events, educator resources and school tours.

There is a section devoted to women's empowerment where visitors can write what they think about woman in a circular white paper disc and hang it on a stand. I wrote as follows:

Wonderful
Outstanding
Marvelous

A amazing Noble Creation!

The Discovery Center is kept open from Tuesday to Saturday from 10 am to 5 pm and closed on Sunday, Monday, New Year's Day, Independence Day, Thanksgiving Day, Christmas Eve

and no registration is required. Free group tours can be arranged in advance by contacting discoverycenter@gatesfoundation.org two weeks in advance.

Women's Empowerment

On the eve of International Women's Day 2018, the Bill and

causing investments on - advancing gender equality, spreading digital financial inclusion, increasing job opportunities, and supporting the agricultural sector and women's support groups.

"One of the most profound ways a wom-

confidence and power. They change the unwritten rules that say women are lesser than men," said Melinda Gates, co-chair of the Bill & Melinda Gates Foundation in a statement.

Awards & Honors

The Bill & Melinda Gates Foundation has received many prestigious awards. Chief among them are:

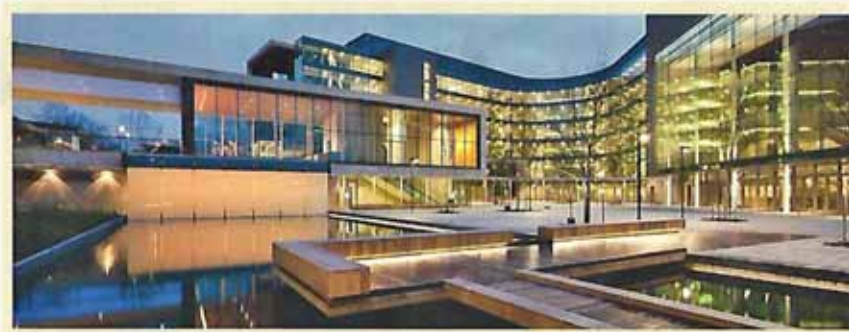
- Prince of Asturias Award for International Cooperation.
- The Indira Gandhi Prize for Peace, Disarmament and Development presented by the then Honorable President of India, Smt. Pratibha Patil in 2007.

• In recognition for the foundation's philanthropic activities in India, Bill and Melinda Gates jointly received India's third highest civilian honor Padma Bhushan in 2015

• On November 22, 2016, President Barack Obama honored Bill and Melinda Gates with The Presidential Medal of Freedom for their philanthropic efforts

• The Bill & Melinda Gates Foundation Campus in Seattle, Washington has secured LEED-NC Platinum Certification from the US Green Building Council.

(To be continued)



To encourage collaboration and facilitate the entire campus is an extended workplace. It gathers people into small office neighborhoods and offers informal collaboration and meeting areas for team discussion and great work.

SEATTLE CAMPUS FACTS

PROJECT	Three six-story office buildings (two buildings completed in Phase 1; Phase 2 may add a third building)
LOCATION	500 Fifth Avenue North, Seattle, Washington
SQUARE FOOTAGE	900,000 square feet (Phase 1); additional 400,000 square feet in Phase 2
SITE SIZE	12 acres
CAPACITY	1,700
PROJECT PARTNERS	<ul style="list-style-type: none"> • Architect/Interiors & Workplace/Lighting/ Environmental Graphics: NBBJ • Contractor: Sellen Construction Company • Development Manager: Seneca Group • Landscape Architect: Gustafson Guthrie Nichol Ltd. • SMEP, AV/IT, Acoustics Engineer: Arup • Civil Engineer: KPFF Consulting Engineers • Mechanical Contractor: McKinstry • Electrical Contractor: Cochran, Inc. • Technology Consultant: TechPMgroup • Visitor Center Exhibit Design: Olson Kundig Architects

and Christmas Day. The admission is free. No reservation is necessary. Exhibits and facilities are wheelchair-accessible. Free 60 minutes public tours are offered Tuesday - Saturday at 2pm

Melinda Gates Foundation announced a USD 170 million project aimed at advancing women's economic empowerment in four countries such as India, Kenya, Tanzania and Uganda fo-

an can make life better for herself and her family is to take control of her economic future. When women have money in their hands and the authority to choose how to spend it, they grow in

Jindal Academy pip Navi Mumbai Squash, record 2nd successive victory

By Ashok Dhamija

NAVI MUMBAI: City based Navi Mumbai Squash went down fighting to Jindal Squash Academy 2-3, in a Group-B round-robin league match of Hyatt Regency - Mumbai Inter-Club Squash League 2018, organised by the Indian Squash Professionals and played at the Hyatt Regency courts.

Sandeep Paswan provided a bright start for Jindal, when he comfortably defeated M. Singh 11-9, 11-4 in the singles, opening rubber. However Navi Mumbai fought back and levelled scores after their doubles combination of R. Sheshadri and Vijay Darak overcame the Academy duo of Rajiv Gupta and Sandeep Paswan 11-10, 11-4 in the second rubber. Jindal Academy went on

to win the next two ties to clinch an unsailable 3-1 lead. Their doubles pairing of Arjun Singh and Avinash Yadav did well to put it across the Navi Mumbai combo of Kailash Bhatt and Vijay Darak winning by a 11-6, 11-9 margin, before Deepak Mandal rallied from the loss of the opening game to score a hard-earned 9-11, 11-9, 12-10 win against Rahul Arora in the fourth rubber and seal their success.

The city based team however earned a consolation win when doubles pair of Arun Sharma and Inderpal Singh defeated Jindal's duo of Hasrat Mohd. and Puneet Pareek in three games at 11-6, 7-11, 11-5.

The Jindal Academy team with 60 points from two matches currently oc-



Young Sandeep Paswan put Jindal Academy on the winning track

cupy the top position in the group, while this was the second loss for Navi Mumbai, who had earlier lost to hosts Hyatt Regency by a similar narrow margin. Navi Mumbai with a tally of 40 points also from two games are placed second ahead of hosts



Hyatt Regency who have 30 points from one game. Khar Gymkhana who had lost to Jindal in the only game are at the bottom of the group with 20 points.

In a Group-A encounter, Juhu Vile Parle Gymkhana (JVPG) Club sailed smoothly to a 3-2 win against Goregaon Sports Club to register their first win in the 4-team

group. JVPG started with a flourish and won the first three rubbers to secure their win. Both JVPG and Goregaon with 50 points each from 2 games are in third and fourth positions.

Results:

Group B: Jindal Squash Academy beat Navi Mumbai Squash 3-2 (Sandeep Paswan bt Singh 11-9, 11-4; Rajiv Gupta/Sandeep Paswan lost R. Sheshadri/Vijay Darak 10-11, 4-11; Arjun Singh/Avinash Yadav bt Kailash Bhatt/Vijay Darak 11-6, 11-9; Deep-

ak Mandal bt Rahul Arora 9-11, 11-9, 12-10; Hasrat Mohd/Puneet Pareek lost Arun Sharma/Inderpal Singh 6-11, 11-7, 5-11).

Group-A: Juhu Vile Parle Gymkhana Club beat Goregaon Sports Club 3-2 (Shashi Pandey bt Pradeep Singh 11-4, 11-8; Aazad Singh / Bhavesh Shah bt Amit Gajria/Paras Berawala 3-11, 11-5, 11-7; Aishwary Singh/Shashi Pandey bt Chetan Singh/Pradeep Singh 11-8, 11-9; Keval Shah lost Navmi Sharma 11-4, 10-12, 11-13; Ashish Mehta/Urwash Joshi lost Deepak Tiwari/Kamal M. 4-11, 3-11).

Paresh Thakur to receive Dr Babasaheb Ambedkar Samaj Bhushan Award on 14 April



Leader of the House of Panvel City Municipal Corporation Paresh Thakur will be awarded Dr Babasaheb Ambedkar Samaj Bhushan Award on Saturday 14 April 2018 on the occasion of 127th Jayanti of Dr Babasaheb Ambedkar. (By Vijaykumar Kamble)

MLA Prashant Thakur pays a visit to Exhibition at New Panvel



Bharatiya Janata Party's district president MLA Prashant Thakur paid a visit to 'Vishwa Navnirman Adhyatmik Mela' exhibition organized by Prajapita Bramhakumari Ishwariya Vishwa Vidyalaya near Durga Mata Temple on CIDCO Ground at New Panvel. (By Vijaykumar Kamble)




सन्मान २०१८

along with its sister publication, Aaple Nave Shahar, is celebrating its 11th Anniversary on 1 May, 2018.

ANNUAL NAVE SHAHAR AWARDS

will be distributed on the occasion.

Nominations are invited for the following Awards

- **The Best Student Award**
- **The Best Artist Award**
- **The Best Sportsman Award**



Students in standards V to XII are eligible for nomination. • School principals, class teachers, parents or the students themselves can send the nominations. • Nominations written on plain paper or the school's letter head should contain full name and address of the student, contact number, e-mail address if any, certified copies of supporting testimonials and a passport size photograph of the nominee and mentioning the Award for which he or she is being nominated, should be sent to the Editor, Newsband, 1313/1314, 13th Floor, Realtech Park, Sector - 30A, Vashi, Navi Mumbai-400703 to reach him on or before 20 April, 2018. Selected persons will be intimated directly through e-mail or courier

The nominations will be judged by an independent jury and its decisions will be final. No correspondence / communication on the subject will be entertained.