

Newsband

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Vol. 12 • Issue 87 RNI No. MAHENG/2007/21778 | Postal Regn. No. NMB/154/2017-19/Vashi MDG Post Office Navi Mumbai, Friday 10 August, 2018 Pages 8 | Price ₹ 1

Tight security arrangement by Navi Mumbai police on 9 August 2018

Social Organisation Deva Group performs a noble act by distributing water and food to policemen on duty

By Chandrashekhar Hendve

NAVI MUMBAI: Owing to the threat posed by Maratha Community to stage a Band, Navi Mumbai Police had made a tight arrangement to ensure that no mishaps happens on this day. During this occasion the Deva Group which is aggressor in the social field distributed water and food.

Keeping in mind their past experiences during Maratha agitation, Navi Mumbai police had made a tight security arrangement to prevent any untoward happenings. Under such a circumstance, Deva Group performed a very noble act by distributing water bottle and food to the policemen who were on duty all over from Vashi to Belapur. The distribution of water and food was done from morning 10 am till afternoon 2 pm.

The members of Deva Group thus showed their strong so-



cial spirit. This program was made successful by the group's Devnath Mhatre, Ganesh Palwe, Dinesh

Gawli, Manish Yadav, Chetan Khairnar, Chaitanya Kamble, Ajit Dhondkar, Mukesh Naik, Yash Apandkar,

Sajan Tandel, Milind Bhoir, Santosh Andhle, Kiran Ghodke, Anirudh Andagale and others.

Peaceful Agitation at Panvel



To demand reservation for Marathas, a peaceful agitation took place at Panvel on 9 August outside Tehsil Office. Mayor Dr Kavita Choutmol and leader of the house Paresh Thakur met the agitators and displayed their support. (By Vijaykumar Kamble)

Bad condition of road in Sanpada



Bad condition of the main road in Sector 5 Sanpada after monsoon rains.

(By CK Subramaniam)

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MGM Hospital, Vashi	61526666
Apollo Cliic, Vashi	27881322
MGM Hospital, CBD	27572293
MGM HospitalKalamboli	27423405
Vashi Civic Hospital	27899901
Nerul Civic Hospital	27703760
PKC Hospital	27652476
Dr. Mahajan's Hospital & ITC	27691679

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Bandh Ke Side Effect...



The weekly Farmers market at Sector 6, Vashi too witnessed very few participation from the vendors who latter were forced to camp in the city till evening before resuming their journey back home .

CHANGE OF NAME

I have changed my name from **GANESH ARVIND** to **ARVIND GANESH** as per affidavit dated: **09/08/2018**



नवी मुंबई महानगरपालिका

अभियांत्रिकी विभाग

फेर निविदा सूचना क्रमांक :- नमुंमपा/का.अ.(घणसोली)/204/2018-19

कामाचे नांव :- घणसोली विभागातील प्र.क्र.24 मधील गोठिवली मच्छी मार्केट जवळील चौकाचे सुशोभिकरण करणे.

अंदाजित रक्कम - रु. 2,59,580/-

या निविदेबाबतची विस्तृत माहिती नवी मुंबई महानगरपालिकेचे संकेतस्थळ www.nmmc.gov.in व www.nmmc.maharashtra.etenders.in यावर प्रसिद्ध करण्यात आलेली आहे. संबंधित निविदाकारांनी याची नोंद घ्यावी.

सही :-

कार्यकारी अभियंता (घणसोली)

नवी मुंबई महानगरपालिका

जाक-नमुंमपा/जसं/जाहिरात/660/2018



नवी मुंबई महानगरपालिका

आपत्ती व्यवस्थापन विभाग

निविदा सूचना क्र. :- नमुंमपा/आ.व्य./02/2018-19 - (तृतीय मुदतवाढ)

कामाचे नांव :- Design Development Deployment of Incident

Reporting & Data Collection Platform (Web Application)

for City Disaster Management Department NMMC

अंदाजपत्रकिय रक्कम रु. :- 2,95,000/-

सदर कामाच्या निविदेकरीता पुरेसा प्रतिसाद न मिळाल्याने सदर कामाच तृतीय मुदतवाढ देण्यात येत असून निविदा भरणा, सादरीकरण व उघडण्याचा कालावधीची विस्तृत सुधारीत माहिती नवी मुंबई महानगरपालिकेचे संकेतस्थळ www.nmmc.gov.in आणि www.nmmc.maharashtra.etenders.in यावर प्रसिद्ध करण्यात आलेली आहे. तसेच, सदर कामाकरीता मागविण्यात आलेल्या निविदेतील इतर अटी व शर्ती यात कोणताही बदल करण्यात आलेला नाही, याची संबंधित निविदाकारांनी याची नोंद घ्यावी.

सही :-

अतिरिक्त आयुक्त (शहर)

नवी मुंबई महानगरपालिका

जाक-नमुंमपा/जसं/जाहिरात/664/2018

Tight police security at KK and APMC Market



Tight police security at Kopparkhairane and APMC Market to prevent any untoward happenings. (By Sumit Renose)



World Adivasi Day celebrated at Vashi



On the occasion of World Adivasi Day on 9 August, Navi Mumbai Sahyadri Pratishthan Maharashtra State had organized Adivasi Dance Event at Vashi's Vishnudas Bhawe Auditorium. (By Sumit Renose)

Samaj Mandir at Ulwe inaugurated by former MP Ramsheth Thakur



At Ulwe Node's Shelghar region, CIDCO has come up with a Samaj Mandir which was inaugurated by former MP Ramsheth Thakur. He said, "For allround development of a society there is need for unity. Late Janardhan Bhagat had displayed an example of taking everyone along while performing any social work." (By Vijaykumar Kamble)

70 year old Koyna dam project affected person fights for getting back the land



ByTutu
NAVI MUMBAI: A 70 year Kalamboli resident is fighting for getting back land he is entitled to get as per Supreme Court order. Letters and follow ups does not seem to have gone through the lethargic administration. However, land for builders like the 24 acre in Kharghar is easily allocated. A few days ago a group have applied to the Raigad collector for land but awaiting the response.

Kalamboli resident Mukund Kadam (70) said, "The Supreme Court order was issued on December 8, 2017 asking the state government to hand over 4 acre land within six weeks. Then on January 4, 2018, my proposal (for a government land in Pendhar village) along with the order copy was handed over to the district rehabilitation officer-Raigad. They reverted that no balance land is available in Pendhar. I submitted another proposal for Taloja Majkur village land but no reply received."

PART II of Koyna dam issue

Mukund Kadam added, "We have been fighting for 45 years for land but it is not allocated to us.

However, it is given to others. Then I sent a letter to the Konkan Divisional commissionerate (KDC) on 26.3.2018 stating that the Supreme Court order is contempt as land is not given to me. The KDC has shot a letter to the district rehabilitation officer - Raigad saying that the officer will be responsible for any contempt of the SC order. Then I sent another letter in May 2018 to collector saying that the SC order is under contempt but no reply received."

Six persons namely Mukund Kadam, Koyna Vele residents Vasant Kadam, Arjun Kadam, Sachin Kadam, Dilip Kadam and Mangesh Kadam in a petition to the Raigad collector have stated that the balance government land in

Pendhar was earmarked for rehabilitation of Koyna dam (Vele village) affected persons. Portion of the balance land in Pendhar was given to other villagers affected under Koyna dam. Hence we have demanded. When other Koyna dam affected villagers are given land in 2018 why not we?

While the balance land earmarked for project affected persons is given to other affected villagers of Koyna dam then allot the land to us. The group has demanded that action should be taken.

Repeated attempts to reach out the Raigad additional collector over phone turned futile. The additional collector is the appropriate authority which decides on rehabilitation land issues.

 **Sleepwell**

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movie world

Page by
Dinesh Kamath
dineshkamath318@gmail.com
Visit my Blog : dkamath.blogspot.com



Newsband | 10 August 2018

New movies released in Navi Mumbai

Vishwaroop 2

Vishwaroopam II (titled Vishwaroop II in Hindi) is an Indian spy thriller film simultaneously made in Tamil and Hindi and dubbed in Telugu & Malayalam. Written and directed by Kamal Haasan, it is a circumquel (happens partly before and after the former film's end) to Vishwaroopam (2013) and features himself alongside Rahul Bose, Shekhar Kapur, Pooja Kumar and Andrea Jeremiah, reprising their roles. While the first film was set in the United States, Vishwaroopam II is set to take place in India. Produced by Venu Ravichandran in Tamil, the film is also being produced by Ekta Kapoor and Shobha Kapoor in Hindi as Vishwaroop II. Director is Rajesh Selva.



Serving as both a prequel and sequel to Vishwaroopam, Kamal Haasan returns as RAW Agent Major Wisam Ahmad Kashmiri while Rahul Bose reprises his role as Al-Qaeda terrorist Omar Qureshi. Wisam is tasked with eliminating Omar and his Jihadis, who plan to attack New York City. The massive attack planned on New York City by Al-Qaeda Terrorist Omar Qureshi was disrupted by an RAW Agent Wisam Ahmad Kashmiri. The Jihadis Omar and Saleem escape from New York City. Wisam is given the responsibility to eliminate Omar and his Jihadis. Omar and Saleem hurry to execute their international plot to defame three democracies in one day. Wisam plods through traps, conspiracies, murder, mayhem, gut, gore and finally to victory. He thwarts an ingenious plot by Omar to wreak havoc on the independence day of India. Wisam lives to celebrate his independence. Omar and Saleem do not. Wisam mourns his brothers but Nation comes first to a soldier. Vishwaroop 2 offers twice as much action, speed, intrigue and romance as Vishwaroop. It is both a prequel and a sequel to part 1.

The film has Kamal Haasan as Vishwanathan/RAW Agent Major Wisam Ahmad Kashmiri/Vis, Rahul Bose as Omar Qureshi, Pooja Kumar as Nirupama, Andrea Jeremiah as Ashmita Subramaniam, Shekhar Kapur as Colonel Jagannath, Jaideep Ahlawat as Salim, Russell Geoffrey Banks as Jim, Waheeda Rehman as Wisam's Mother, Mir Sarwar, Deepak Jethi, Anant Mahadevan and Jude S. Walko as Captain Joe Black

The soundtrack album and background score for Vishwaroopam II is composed by Ghibran, and the lyrics for the songs were written by Vairamuthu and Kamal Haasan. In Hindi, the songs were written by Prasoon Joshi and Sandeep Srivastava. The film has songs like "Vishwaroop II (Title Track)", "Ishq Kiya Toh", "Tu Srotu Hai" and "Vishwaroop II (Title Track Edm Version)".

When Obama Loved Osama

When Obama Loved Osama is directed by Sudhish Kumar Sharma.

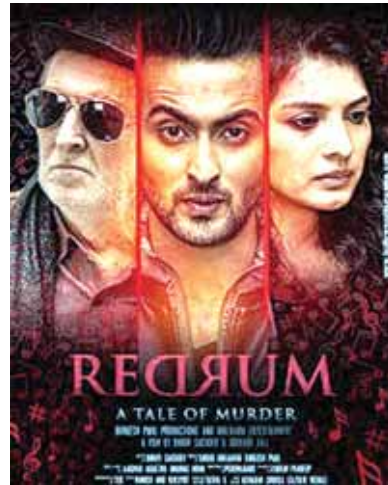
The subject of the film is exceptionally intriguing. It revolves around a girl named Maggi Obama and a boy named Aman Osama. To win the hand of the young girl, the hero needs to cross a few obstacles on his way as he is a Muslim and the young girl is a Christian.



The cast consists of Amrita Acharya, Kimti Anand, Rahul Avana, Mohit Baghel, Manoj Bakshi, Swati Bakshi, Parul Chauhan, Lilliput Faruqui, Vikas Giri, Mushtaq Khan, Lokesh Mittal, Heena Panchal, Hemant Pandey, Mousam Sharma and Himani Shivpuri.

Redrum A Tale Of Murder

Redrum A Tale Of Murder is a 2018 Bollywood musical thriller, helmed by Sourabh Bali & Dhruv Sachdev. The movie stars Saeeda Imtiaz, Vibhav Roy, Tom Alter etc., in the lead roles. Redrum - A tale of Murder is a story of a disturbed man who becomes a Rockstar, but even after receiving all the applaud, his complexities and insecurities get the better of him.



Daksh, a singer, is doing extremely well up until he falls in love with Aarika. Aarika on attending Daksh's concert is completely swept off of her feet. They instantly fall in love. The stereotype attached to stars about drugs is true in this story as well. While Aarika is oblivious to Daksh being a drug addict, his name is the first to be involved with the drug mafia. Simultaneously we have the police searching for the drug mafia and all their clients. The news of Daksh's involvement with drugs and the police lead him to being kicked out of the band. As the lovers' fondness for each other grows so does Daksh's obsession and consequent anger with Aarika. In this ruckus Aarika blindly believes him and decides to help him with his singing career. She arranges for his performances, however Daksh manages to disappoint her here as well. After being tortured by Daksh, the frightened Aarika finally comes to her senses and decides to help the police find Daksh. The one thing that they are all unaware of is whether they will be able to see the end of the tunnel.

Page 16

Page 16 is a Hindi movie. The movie is directed by Shamshad Phathan and will feature Bidita Bag, Kiran Kumar, Zakir Hussain and Aseem Ali Khan as lead characters.

Page 16 is a Supernatural thriller. It's a story about an ambitious builder Ajay, whose life turned upside down when he bought a book for his son Harsh. It all started with page 16 of that book where his past and present life gets entangled. He engages in an extramarital affair with Sanjana Singhania, daughter of his boss Vikram Singhania. However, his life turns upside down when she mysteriously dies. The secret of her death lies on the 16th page of his son's book.

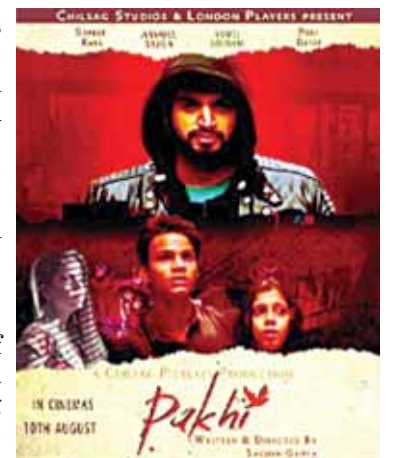


Pakhi

Pakhi is a 2018 Indian Crime thriller film Written & directed by Sachin Gupta starring Anamika Shukla, Sumeet Kant Kaul, Anmol Goswami & Pallavi Das. The film is produced by Sachin Gupta under the banner of Chilsag Entertainment Network. The film is based on the true events happened with Nepal Earth Quake Victims.

'Pakhi' is the story of ever decaying human life and complexities of relationships. Every person in the lodge of the Machranga island is going through some crisis. Khuku meets her estranged husband who she holds responsible for her loss of eyesight. Akash the manager encounters his ex-girlfriend who is dissatisfied with her present life. Like the eroding banks of the river there's erosion in everything. But the guests who come to the lodge leave it one day leaving it deserted and to be occupied by someone one. Thus continues the never ending cycle of life and decay.

The film has Anamika Shukla as Pakhi, Sumeet Kant Kaul as Bali, Anmol Goswami as Maulik, Pallavi Das as Tuhina, Pihu Dutta as Pihu and Sandeep Bhaudaria as Bhushan.



'The Stolen Princess': A magical, adventurous family centric animation film

Releases on 24th August, 2018 in English, Hindi, Tamil and Telugu languages across India

By Dinesh Kamath

'The Stolen Princess': A magical, adventurous family centric animation film releases on 24th August, 2018 in English, Hindi, Tamil and Telugu languages across India

August 2018: It's a family oriented animation film which is an engaging fairy tale involving captivating adventures, fascinating original characters and interesting subplots. The main theme of the film is the triumph of the good over evil and a charming love story entwined in it. The film is designed to induce interest levels of children, teenagers & youth. The multifaceted nature of the story and its arresting visuals makes it an interesting family watch. The film is presented & distributed by Ultra Media and Entertainment Group.

Directed by Oleg Malamuzh. This wonderful story happened in the age of valiant knights, beautiful princesses, and bat-



ting sorcerers. Ruslan, a wandering artist dreaming to become a knight meets beautiful Mila and falls in love with her, he doesn't even suspect that she is the King's daughter. However, the lovers' happiness wasn't meant to last too long. Chirnomor, the evil sorcerer, appears in a magical

vortex and stoles Mila right before Ruslan's eyes to transform her power of love into his own magical power. Without further ado, Ruslan sets out on a chase after the stolen princess to overcome all obstacles and to prove that real love is stronger than magic.

Cont. on pg. 6

Lactating mothers be cautious, lest you transmit infectious diseases to your baby during illness

By Ashok Dhamija
Navi Mumbai:

Breast milk is paramount for a new born baby as its benefits extend beyond basic nutrition. It comprises of all the vitamins, nutrients and antioxidants a baby requires and will empower the new baby with disease-fighting properties. For the first six months, a new born baby is completely dependent on the mother's milk as the baby cannot consume other fluids or solids. UN experts state that children have the right to life, survival and development and to the highest attainable standard of health, of which breastfeeding must be considered an integral component. For this some practical steps needs to be taken to promote, support and protect breastfeeding, such as paid maternity leave, safe workplace spaces for feeding or expressing and storing milk. All said and done it is safe to breastfeed the baby when the mother is suffering



from common illness such as a cold or flu, as these germs do not pass on through breast milk. However,



some infectious diseases may impede breastfeeding, either on a temporary or permanent basis as they might get transmitted. Dr Manjiri Mehta, Consultant Gynecologist, Obstetrician & Laparoscopic Surgeon, Hiranandani Hospital Vashi - A Fortis Network Hospital shares her views with Newsband

correspondent on when a mother should avoid or take necessary precautions if they are suffering from the following illnesses. The excerpts of some of the infectious diseases and the precautionary measures is detailed below:

A) Human Immunodeficiency Virus (HIV):

Transmission of this infection is possible through breastfeeding. The highest viral load is found in Colostrum (first milk produced by the mother). This infection is generally an accepted contraindication for breastfeeding. If mother has taken antiviral treatment during pregnancy, the

Cont. on pg. 6

MOVIE NAME	INOX RAGHULEELA MALL VASHI Tel. 6699 1212	INOX GLOMAX MALL KHARGHAR Tel. 6659 5959	PVR: Orion Mall, Panvel 095943 57088	BALAJI MULTIPLEX KOPARKHAIRANE 022-2755 4245	MUKTA A2 CINEMAS: K MALL, PANVEL 070453 39395
Dhadak (H)	AM : 9:05 PM : 12:00, 2:55, 8:05, 11:00	AM : 10:00 PM : 12:20, 6:35, 10:30	AM : 10:00 PM : 1:00, 4:00, 7:00, 10:00	AM : 9:15 PM : 12:00, 2:45, 5:30, 8:10, 11:00	AM : 10:00 PM : 2:30, 5:15, 10:15
Mission: Impossible Fallout (H)			AM : 9:15 PM : 3:15, 9:45	PM : 2:45	AM : 10:00, 11:45 PM : 2:30, 5:15, 8:00, 10:45
Mission: Impossible Fallout (E)	AM : 9:00, 10:20 PM : 12:00, 1:30, 3:10, 4:40, 6:20, 7:50, 9:30, 10:15, 11:00	AM : 9:15, 10:05 PM : 1:15, 2:20, 4:25, 7:35, 9:30, 10:45	AM : 10:30 PM : 1:40, 4:50, 8:00, 11:10	AM : 9:30 PM : 12:15, 5:45, 11:15	
Pipsi (M)	PM : 5:50	PM : 6:00	PM : 5:45	PM : 3:30	PM : 12:30
Saheb Biwi Aur Gangster 3(H)	AM : 9:00, 11:55 PM : 2:50, 8:20, 11:20	AM : 9:10 PM : 5:25, 10:55	AM : 11:55 PM : 2:25, 8:00, 10:55	AM : 10:00 PM : 5:30, 10:30	PM : 12:45, 5:30, 8:00, 10:45
Chumbak (M)	PM : 5:50	PM : 8:10	PM : 8:15	PM : 8:15	PM : 3:30
Nawabzaade (H)	AM : 9:10 PM : 7:40	PM : 12:50	AM : 10:45 PM : 5:45	PM : 12:45	PM : 8:15
Ant-Man and the Wasp (H)				PM : 3:30	
Ant-Man and the Wasp (E)	AM : 11:45	PM : 8:10	PM : 12:30	AM : 9:45	
Incredibles 2 (E)				AM : 6:00	
Hotel Transylvania 3 : A Monster Vacation	AM : 9:25 PM : 2:25	PM : 12:05	PM : 3:30	PM : 8:45	
Sanju (H)	PM : 2:30	PM : 3:15	PM : 6:30	PM : 10:45	
Skyscraper (H)	PM : 11:30		PM : 1:15		
Soorma (H)	PM : 4:45	PM : 3:15	PM : 10:30		



EDITORIAL

Issue : 87

10 August, 2018

IMD's rain forecast is optimistic

India Meteorological Department says that the southwest monsoon will be "normal" after a short break. This comes as a relief. At the end of two months the total rainfall has met the criteria for 'normality'.

In the case of Gujarat, it has been a story of both deficiency and heavy rainfall within the State. This rainy season has so far witnessed a lot of death and destruction. Roads and infrastructure have been destroyed. Thousands of people have had to shift to relief camps.

The rainfall patterns have major implications for agriculture and groundwater recharge as well. Water is the key determinant of India's agricultural output. An accelerated programme to harness the monsoon is vital. State programmes must take all measures to expand surface water storage, launch more minor irrigation schemes, and improve the recharge of groundwater. Altered rainfall trends pose a new challenge.

The northern States benefit more from slow precipitation, while the south needs heavy showers for groundwater recharge. A future-ready approach should therefore focus on augmented storage and greater participation of the farming community in managing the vital resource.

The IMD has issued a "normal" outlook for August. Climate change is a reality. Look at NSW in Australia. Even dams are empty. On the other hand, wild fire in California has taken million acres. Can India be far away?

The thing is whenever the IMD sees a couple of clouds in the distance, it predicts 'normal monsoons'. But when the clouds disperse quickly, predictions of drought start to replace. There is a serious loophole in the model that is being used for forecast

It is high time for the Government to seriously pursue river interlinking projects. Indian rainfall is highly variable and follow rhythmic pattern. Unless the government gives the priority to assess such variations and remedial measures to counter them there is no use of hundreds of commissions reports — a theoretical exercise. Practical exercises are critical to help farmers and drinking water. At the same time governments must give priorities to control pollution.

The expectation of normal rain by the IMD is giving relief on the south west monsoon and the just short rain on North East monsoon could be managed by carrying out intensive irrigation. But the flood caused on unpredictable rainfall is the natural hiccup preventing normal agriculture and cause damages to the civilian properties. Balancing the actual rainfall with the expected quantum is a must and sustaining the ground reality of agriculture being the gambling over the monsoon, it must be done with prevailing conditions in an effective way.

Sixteen Weekly Special Trains On Ahmedabad - Chennai Central Route

To have halt at Vasai Road and Kalyan Junction too

By Ashok Dhamija

Mumbai: In order to clear the extra rush of passengers during the festive season, Western Railway in coordination with Central Railway and South Central Railway will run sixteen Special Weekly Trains on spe-



cial fare between Ahmedabad and Chennai with halts at Vasai Road and Kalyan Junction too. The details are as given below:

Train No.06052 Ahmedabad - Chennai Central [Weekly] Special Train will leave Ahmedabad at 09:40 hrs on Monday to reach Vasai Road at

16:50 hrs and Kalyan junction at 18:00hrs at the same day and will arrive at Chennai Central at 17:10 hrs, on Tuesday (next day). This train will run from August 13 to October 1, 2018.

Similarly, in return direction Train

No.06051 Chennai Central - Ahmedabad [Weekly] Train will leave Chennai Central at 20.10 hrs on Saturday to reach Kalyan Junction at 21:10 hrs and Vasai Road at 22.35 hrs the next day and will arrive at Ahmedabad at 05.45 hrs, on Monday (third day). This train will run

from August 11 to September 29, 2018.

The above Weekly Special will have 16 coaches including Two AC 3-tier, Ten Sleeper Class, Two General Second Class and Two Luggage-cum-Brake Vans. Halts en-route includes Nadiad, Anand, Vadodara, Surat, Vapi, Boisar, Vasai Road, Kalyan Jn. Lonawala, Pune, Daund, Solapur, Wadi, Yadgir, Raichur, Man-

tralayam Road, Adoni, Guntakal Jn., Gooty, Tadipatri, Yerraguntla, Cuddapah, Razampeta, Koduru, Renigunta and Arkkonam stations in both directions. However, Train No. 06052 will also halt at Perambur station. The booking for Train no. 06052 will be opened from Friday, August 10, 2018 at all PRS counters and IRCTC website.

The Stolen... Cont. from pg. 5

Trailers & Links:

ØTrailer(English): <https://www.dropbox.com/s/li5g9zvuuwzpk6/>

THE%20STOLEN%20PRINCES.mp4?dl=0

ØTrailer(Hindi): <https://www.dropbox.com/s/8ujx0nuh8iqurm/>

RAJKUMARI%20AUR%20JAADUT%20NAGARI.mp4?dl=0

ØTrailer(Tamil): <https://www.dropbox.com/s/2ndlwoact67gmxi/>

THE%20STOLEN%20PRINCESS%20PROMO%2001

%20TAMIL%20CLEAN.mp4?dl=0

ØTrailer(Telugu): <https://www.dropbox.com/s/1cppix0hfxq46yv/>

THE%20STOLEN%20PRINCESS%20PROMO

%2001%20TELUGU%20CLEAN.mp4?dl=0

Ø Web: <https://stolenprincess.com/en/>

Lactating mothers...

Cont. from pg. 5

chances of transmission are much lower.

B) Hepatitis:

i) *Hepatitis A* -

The chances of transmitting this infection are highest during delivery. It is also passed on through breast milk in acute stages of the disease. In such cases, infant should receive anti-Hepatitis A Immunoglobulin irrespective of Breastfeeding status

ii) *Hepatitis B* -

This infection too is transmitted maximally during labor and delivery. Infants born to these mothers should receive vaccine and Immunoglobulin at birth. Breastfeeding is not contraindicated.

iii) *Hepatitis C* -

The transmission through Breast milk is not confirmed, but better to avoid breastfeeding specially if you suffer from conditions like cracked nipple.

C) Tuberculosis (TB):

The bacteria are hardly passed on through Breast milk, hence feeding can be continued; mother and child must be isolated if there is newly acquired infection in mother, or where treatment given is of less than 3 weeks duration.

D)

Cytomegalovirus (CMV):

The mother to child transmission of this infection occurs during pregnancy, the antibodies are also transferred; hence newborns are not affected. Breastfeeding can be continued.

E) Varicella:

Maximum transmission occurs just before and just after the delivery. It is not clear whether virus is found in the breast milk or no, hence breastfeeding is not contraindicated.

F) Herpes Simplex:

Breast feeding is not contraindicated unless the Hermetic Lesions are on the breast. The mother should cover the lesions on other body parts while breastfeeding.

G) Measles:

The virus is not found in the breast milk, but the antibodies are present; breastfeeding can be continued. If mother has acute infection then she should be isolated for up to 72hrs, during this period, expressed breast milk can still be given.

H) Mumps:

Breastfeeding can be continued as the transmission is low, and antibodies are transmitted too.

I) Malaria:

Breastfeeding can be continued, provided the mother's condition permits the same. There is no evidence of transmission through breast milk.

Dr Mehta who has a rich experience of over fifteen years further said "In a nut shell If any mother of any new born child is suffering from any infection, and if she fears that it might transmit it to your child, consult your doctor immediately. Discuss your concerns with your Physician, who can help chalk out the plan of action and explain the preventive measures".

Letters to the Editor...



Values of some things have fallen

It's not that keemat of all things have gone up, there are things whose values have fallen. The problem is that the values of wrong things seem to have fallen, when on the contrary their rise would be good for the society. Human values have taken a nosedive, 35 Nirbhayas happening in a State doesn't shake our conscience. Lynching has made our souls immune and hardened our hearts to look the other way. Muzaffarpur horror story will be debated, discussed and with public pressure a few scapegoats fired, but why no resignation by the State CM or Health Minister on moral grounds. Well in today's degenerated society asking for resignation on moral grounds is difficult ... It will take years for the responsible to search morals, resigning on that ground would be debated next.

- Syed Abdul Monim, Vashi

Sachin Bell Baja

Sachin Tendulkar will ring the bell to signal five minutes before the start of play on Day One of the second England v India Specsavers Test match at Lord's on Thursday. Other former India internationals to ring the bell at a Lord's Test are Sunil Gavaskar, The Nawab of Pataudi Jr, Dilip Vengsarkar, Rahul Dravid, Kapil Dev and Sourav Ganguly.- C.K. Subramaniam, Sanpada



Acharya Gyan Pravah Hosted A Book Re-Launch For Siddha Yoga Sangraha



Acharya Gyan Pravah hosted a book re-launch for Siddha Yoga Sangraha on 4th August 2018 at Sion Ayurveda Mahavidyalaya. Shri Sripad Naik, Hon'ble Minister of AYUSH unveiled the book. Ayurveda experts & doctors are seen during the unveiling of the book. Siddha Yoga Sangraha is a revision of the original text by Late Vaidya Vachaspati Ayurvedamartand Pandit Jadavji Acharya.

By Divakar Gore

Acharya Gyan Pravah hosted a book re-launch for Siddha Yoga Sangraha on 4th August 2018 at Sion Ayurveda Mahavidyalaya. Shri Sripad Naik, Hon'ble Minister of AYUSH unveiled the book during the event. Siddha Yoga Sangraha is a revision of the original text by Late Vaidya Vachaspati Ayurvedamartand Pandit Jadavji

Acharya.

On this occasion, Masters of Ayurveda – Dr. Ashok Vaidya, Dr. S.D. Kamat, Dr. Nutan Nabar, Dr. Sham Nabar, Dr. Mahesh Harit and Dr. Sailesh Nadkarni delivered their lectures. A message from Dr. Hariprasad Sharma was read out, in which he had declared that all final year students of BAMS of K G Mittal Ayurvedic

College would receive a free copy of Siddha Yoga Sangraha upon graduation. He also suggested that a national award of Rs. One Lakh be instituted by the Ministry of AYUSH in the name of Pandit Acharya. The Occasion was a success in celebrating Pandit Acharya for being one of the pioneers of Ayurvedic research and for leaving his mark on the field's history.

VIP culture behind ambulance misuse in Matheran

By Tutu

NAVI MUMBAI: The lone ambulance of the Matheran hill station municipal council supposed to be used for patients, age olds, etc has been grossly misused by the elected representatives. The chief officer (on leave now) in his report attaching log book pages to Raigad collector has pointed out that the council president and her councillor husband have misused the ambulance 5 times each. The municipal council hospital doctor agrees that the ambulance is misused. Now the ambulance has broke down for the last one week. Activists allege its a VIP culture to travel in ambulance by politicians as vehicles are not allowed in the hill station. The chief officer in charge says we will investigate the same.

The log book entry found the municipal council president, many seating and former councillors have been ferried on the ambulance. The surprising fact is that the ambulance is used to ferry them between Matheran and Dasturi. Dasturi is the place where taxi and other vehicles stop, but no hospital is located here. However, the elected representatives ferry between Matheran and Dasturi.

The Matheran hill station municipal council chief officer (now on leave) Sagar Gholap said, "After public complaint about ambulance misuse the log book entry was implemented. As per the entry the municipal council president and her councillor husband had used the ambulance 5 times each. Also most of the incumbent and past councillors irrespective of their party also featured in the list of users. However, they allege misuse by me. I have submitted the detail report to the Raigad collector."

Sagar Gholap added, "Many occasions politicians use private doctor's certificate or prescription citing risk of walking to misuse the ambulance. The ambulance use is allowed for elders, pregnant lady, etc. I had proposed before the general body to implement GPS system to track the ambulance movement for transparency but it was turned down. Earlier the ruling party leaders were complaining about the ambulance driver and the driver against them. But later no complaint received after my warning to stop misuse. I even walk to office."

The ambulance is owned and maintained by the municipal council. The driver A Kadam said, "Due to issues I asked the municipal council

officials to assign me duty. I will drive as per instruction. They maintain the log book. The ambulance has broke down for a week."

A Matheran RTI activist Janardan Parte said, "The VIP culture among Matheran elected representatives has made the way for misuse. The patients are affected while healthy and young politicians use the ambulance at tax payers' money."

The BJ Hospital Dr Nilesh Yadav said, "The ambulance is mostly misused by the politicians. When it broke down a stand by vehicle of the municipal council is used."

Many agree that 108 ambulance



cannot be misused as a private agency manage it besides insisting for doctor's approval depending upon the situation.

The Matheran hill station municipal council chief officer in charge Ramdas Kokare said, "We will inquire in to the allegations of ambulance misuse. Clarifications will be sought."

A) Methods of misuse:

1. The ambulance owned by the council and hence records are maintained by its staff. Politicians exert pressure on the staff to allow ambulance use.
2. Many get private doctor's certificate or prescription to use ambulance
3. Even healthy persons cite ailments to seek ambulance for use to avoid walking
4. Sometimes the municipal council hospital doctor is approached to allow travel.
5. Powerful people exert pressure on the ambulance driver to misuse.
6. In absence of proper tracking driver can misuse the ambulance

B) List of prominent users as entered in the log book:

1. Prerna Sawant (Chief officer Sagar Gholap's report to Collector)
2. Prasad Sawant (Chief officer Sagar Gholap's report to Collector)
3. Akash Choudhary
4. Pratibha Ghavre
5. Dilip Gupta
- many former and incumbent councillors
- C) Never misused by former president Manoj Khedkar

ISO 9001-2015 Grade for Water Purifying Center at Bhokarpada

Municipal Commissioner congratulates his team



Water Purifying Center at Bhokarpada receives ISO 9001-2015 Grade. On this occasion, municipal commissioner congratulated city engineer

Mohan Dagaonkar and Morbe Dam and Water Purifying Center related engineers, officers and workers. (By Chandrashekar Hendve)

Sanpada SC register facile win over Kapadia Nagar FC

By Ashok Dhamija

Navi Mumbai: In the ongoing Third Division match of the MDFA League 2018-19 being played at the St. Xavier's ground, Parel, on Wednesday August 8, 2018, city based Sanpada SC scored a comfortable 3-0 win over Mumbai based Kapadia Nagar FC 3-1. For the Sanpada based team their strikers Deepak Vijapurkar, Sumedh Chilwante and Mohit Anand found the back of the net with a goal each, while Kapadia Nagar reduced the margin through Osama Mirza.

In another match of the same division, PD Hinduja Hospital SC and Sumeet FA were engaged in a thrilling 2-2 draw. Omkar Sambare scored both the goals for Hinduja, while Sumeet FA scored through a brace of goals from Rohan Bhat. KSA



Ambitious Academy and Veer Engineering too were involved in a goalless draw.

Early in the week Future Stars SC cruised to a huge 5-0 win against Indian Football Academy. For the winners Siddesh Sawant, Siddhant Shinde, Rohit Shirke, Pravin Parab and Nikhil Kamble, all scored

a goal each to seal the victory.

In another encounter, Footie First scored a 2-0 win against B.S. Pasi FC. Ranson Patel and Alister D'Souza struck one goal each for the winners.

Results Third Div League:

Sanpada SC 3 (Deepak Vijapurkar, Sumedh Chilwante,

Rmoit Anand) *beat* Kapadia Nagar FC 'B' 1 (Osama Mirza).

KSA Ambitious Academy 0 *drew* Veer Engineering 0.

PD Hinduja Hospital SC 2 (Omkar Sambare 2) *drew* Sumeet FA 2 (Rohan Bhat 2).

Footie First 2 (Ranson Patel 25, Alister D'Souza 32) *beat* B.S. Pasi FC 0.

Future Stars SC 5 (Siddesh Sawant, Siddhant Shinde, Rohit Shirke, Pravin Parab, Nikhil Kamble) *beat* Indian Football Academy 0.

Oranje FC 5 (Gyendra Singh, Omkar Shinde, Sheldon Sharma, Sairaj Parle, Thomas John) *beat* Madanpura SC 'B' 1 (M. Kaleem).

Ummat E Milan 2 (Ansari Humdan, Ansari Furqan) *beat* Eleven Stars 1 (Shaikh Zaheer).

Sara FA 6 (Sayed Abbas Rizvi 2, Gaurang Shinde 2, Soheb Hazari, Dyaneshwar Jangitwar) *beat* Shree Mavli Mandal 0.

City College To Organise Media Galvanizer 'V5.0'



Volunteers from Dept of Mass Media pose with the banner of Media Galvanizer 'V5.0' on the eve of the one day Seminar cum Workshop

By Ashok Dhamija

Navi Mumbai: The Mass Media Department of Oriental College Of Science and Commerce, Sanpada will organise a one day Seminar cum Workshop on Friday August 10, 2018. Christened as 'Media Galvanizer V5.0', the annual event is being organised with the aim to expose the

students to the real world by experts from the industry who will give share key insights in order to explore the opportunity in the vulnerable media industry.

In addition four workshops on four different areas namely Theatre (by Theatre actor, Director, Writer Pritesh Sodha), Adver-

tising (by Terence D'souza of Hotstuff Creative Ad Agency), Radio (by RJ Roshan of Fever 104 FM) and Film Making (by Writer, Director Chandan Sharma) too will be held for the benefit of the participants who are expected in large numbers from across the colleges of Mumbai and Navi Mumbai

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